



La Rochelle  
Université



EXCHANGE PROGRAMME  
FACT SHEET



## General Information

**Name of University:** La Rochelle Université

**Erasmus Code:** F LA-ROCH08

**Department:** International Office

### Contact Persons

**Mrs Isabelle Girouy** – Erasmus Coordinator

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**Mrs Céline Ferreira Ossandón** – International Exchange Coordinator

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**Mr Sylvain Landron** – International Agreement Coordinator

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**Mailing Address / General Enquiries:** [drief@univ-lr.fr](mailto:drief@univ-lr.fr)

**Website:** <https://www.univlarochelle.fr/international/>

## Academic Calendar

**Dates may vary slightly from one year to another**

Period	Dates
Semester 1	Early September – Mid December
Semester 2	Early January – Late May
Full Year	Early September – Late May

## Nomination and Application

### Nomination:

Partner universities must send a nomination email to the relevant coordinator by:

- **Semester 1:** March 30
- **Semester 2:** October 15

### **Application:**

Students must send their application documents to the relevant coordinator by:

- **Semester 1:** April 15
- **Semester 2:** November 15

### **Required Documents (sent by email):**

- Learning Agreement (provided after the nomination)
- Passport or Identity Card
- European Health Insurance Card
- Résumé (CV)

### **Language Requirements**

- **Minimum Level:** B1 in French (B2 strongly recommended)
- **Law Students:** C1 required
- **Assessment:** Through a valid proficiency certificate

### **French Language Courses**

The **Institute of French as a Foreign Language (IUL-FLE)** offers free French classes to exchange students (provided that level A2 has already been achieved). The beginner level (A1) is not available.

- 6 hours per week
- 6 ECTS credits per semester

### **Modules and Courses**

Course catalog available at:

<https://www.univ-larochelle.fr/en/international/studying-at-la-rochelle-universite/exchange-students/programmes/>

Each student's module selection will be reviewed by a referent teacher before final approval.

### **Package for students outside Europe**

Students can come and study for a semester in an intensive French programme (30 ECTS) and then stay as a traditional exchange students. This intensive French course is subject to a fee (€1,600), but the exchange is free of charge.

### **Tuition Fees**

Exchange students pay tuition fees to their **home institution** only.

## Accommodation

An accommodation offer will be provided approximately two months before arrival (subject to availability).

**Types:** Studio apartment or single room, depending on residence and availability.

**Application:** The International Office will send an accommodation form directly to the student. If no university housing is available, a list of private residences will be provided.

## Health Insurance

Incoming exchange students must have personal and travel insurance.

### Social Security Registration:

Students must register online before arrival at:

<https://etudiant-etranger.ameli.fr/#/>

This ensures the allocation of a French social security number.

## Estimated Living Costs (per month)

Category	Average Cost (€)
Rent	400
Maintenance Charges	30
Food	240
Transport	30
Miscellaneous (stationery, phone, laundry, leisure)	140
<b>Total Estimated Budget</b>	<b>840</b>

## Arrival and Support

### Airport/Train Station Collection:

A student buddy will contact each incoming student before arrival to assist with:

- Accommodation and housing allowance
- Airport/train station collection
- Orientation during the first weeks

### Documents Required on Arrival:

- Passport or EU Identity Card
- Certificate of Arrival (to confirm presence to the home university)

## Transcripts

Transcripts of records will be sent by email within **five weeks** after the end of the mobility period.

## University and City

### Location:

La Rochelle is located on the Atlantic coast between Nantes and Bordeaux, approximately 500 km from Paris (3 hours by high-speed train).

### City Overview:

- Population: approximately 80.000
- Mild and pleasant climate
- Rich historical and cultural heritage
- Popular attractions: the Old Harbour, medieval arcades, and nearby islands (Ré, Oléron, Aix)

## Social Media

Follow La Rochelle Université on Facebook:

<https://fr-fr.facebook.com/Universite.de.La.Rochelle/>

## University Services

- Public Library
- Student Medical Service
- Sports Hall (free access)

## Accessibility

La Rochelle Université provides full support for students and staff with disabilities, including organizational arrangements and technical assistance.

To benefit from these services, students must contact **Relais Handicap** at [handicap@univ-lr.fr](mailto:handicap@univ-lr.fr) as soon as they are nominated by their home university.

